

2021 FREE REGISTRATION

Returning Participant New Participant

First Name _____ Last Name _____

Address _____

City/Province _____ Postal Code _____

Phone _____ Email _____

Waiver - In consideration of the acceptance of this entry in Vickar Automotive Group's Walk with L'Arche, I, for myself, my heirs, executors, administrators and assigns, waive any claims against L'Arche Winnipeg to which I may become entitled for injury or damage and release event sponsors and all other organizers, representatives, and their agents and employees and any other person or organization assisting in this event, including the event coordinator, Vickar Automotive Group, and other event sponsors, the City of Winnipeg, the Province of Manitoba, and their employees and agents and other participants and volunteers of the Walk, from any claims for damages or injury suffered by me as a result of my participation in the event. I further state that I am in proper physical condition to participate in the event and I am aware that walking is a potentially dangerous activity and am aware that participation could, in some circumstances, result in physical injury. I give my permission for the free use of my name and picture in any broadcast, telecast or written account of this event.

Signature _____ Date _____

T-Shirt Request

To obtain a free Walk T-Shirt, you must raise and submit to the L'Arche office a minimum of \$100.00 in pledges, and this form, by April 9, 2021.
(no T-Shirts ordered after the April 9 deadline)

Choose T-Shirt size:

- Small Medium Large
- X-Large XX-Large XXX-Large

2021 PLEDGE FORM - Pledge collector's name: _____



Exclude me from mailings	Sponsor's Name	Mailing Address, City, Postal Code	Phone	Email	Donation \$

Vickar Automotive Group's



Walk With L'Arche

Saturday, May 1st, 2021

Choose your own 1k or 5k route,
and walk within your own bubble

L'Arche Winnipeg Inc.
Building Caring Communities Together

Cheques payable to: **L'Arche Winnipeg**. Complete mailing address required to receive a receipt for donations of \$20 or more.

Total Cash: \$ _____ + Total Cheques: \$ _____ = Total Donations Collected: \$ _____

PROUDLY SUPPORTED BY:



TAKE PICTURES

of the creative ways you participated in the 2021 Walk and send your pictures to L'Arche for inclusion in our June **Gratitude** newsletter. Email your pictures and details to: newsletter@larchewinnipeg.org



REGISTRATION IS FREE

Mail in your registration form, or register online at www.larchewinnipeg.org. You can also drop off your registration form, as well as pledge forms & money raised, through the mail slot at the front of the L'Arche Winnipeg office at 118 Regent Ave. East.

A WALK T-SHIRT

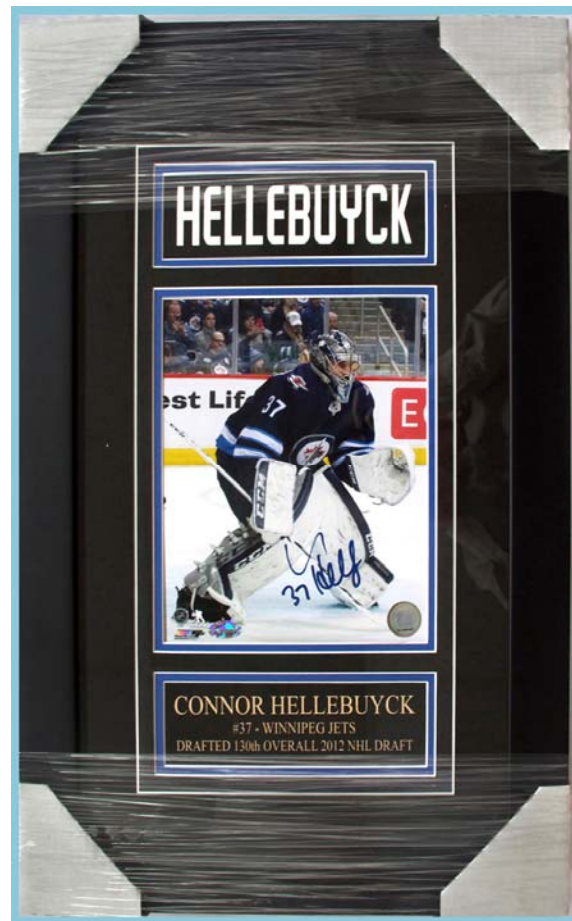
can be requested by collecting a minimum of \$100.00 in pledges, which must be submitted (along with the registration form) to the L'Arche office by April 9th 2021.

WIN PRIZES and earn gift cards by raising pledges for L'Arche! The names of all registered walkers who have collected pledges will be entered for prize draws. You could win a framed autographed picture of Winnipeg Jets star goalie & Vezina trophy winner Connor Hellebuyck, or other autographed pictures of Jets players Adam Lowry, Andrew Copp, or Laurent Brossoit (courtesy of Joe Daley's Sports & Framing, 513 St. Mary's Rd.), as well as a selection of other prizes that will be drawn in June. Winners will be contacted by L'Arche.



GIFT CARDS for L'Arche Tova Café are earned by raising pledges - value determined according to the amount of pledges raised:

- Raise \$200 - \$10 gift card**
- Raise \$500 - \$25 gift card**
- Raise \$1,000 - \$50 gift card**
- Raise \$2,000 - \$100 gift card**
- Raise \$3,000 - \$150 gift card**
- Raise \$4,000 - \$200 gift card**



QUESTIONS?

For more information, please contact:

L'Arche Winnipeg Inc.

118 Regent Ave. East
Winnipeg, MB R2C 0C1

Phone: 204-237-0300 ext.0

Email: office@larchewinnipeg.org

Website: www.larchewinnipeg.org

Need more forms? Phone or email to obtain more forms, pick some up at L'Arche Tova Café, or print forms directly from the L'Arche Winnipeg website.

Fundraise by letting family, friends and co-workers know that you are **walking for L'Arche** and ask them to sponsor you. Even friends and relatives who live far away can sponsor you by credit card through the CanadaHelps.org link on our website. Direct them to



www.larchewinnipeg.org

and instruct them to write that they are sponsoring you in the "message to L'Arche Winnipeg" box in the online donation process. Your online donors will immediately receive an income tax receipt from CanadaHelps.

The pledge drive continues to the end of May. Please submit raised pledges to the L'Arche Winnipeg office by May 31st.



PLEASE RESPECT all Government of Manitoba pandemic health regulations that will be in effect in May.



L'ARCHE WINNIPEG

has been providing homes and social opportunities for people with intellectual disabilities in Winnipeg since 1973. L'Arche has six homes in Winnipeg, and also supports two individuals living independently in their own apartment. L'Arche Tova Café opened in 2012.



L'Arche Tova Café

119 Regent Ave. West in Transcona

Phone: 204-421-9388

www.larchetovacafe.com

Hours of Operation

Tuesday to Saturday 8:00 a.m. - 2:00 p.m.

Pick-up and catering services available during regular Café hours